



## **Temple Herdewyke Primary School**

### **P.E. Intent, Implementation and Impact Statement**

#### **Intent**

At Temple Herdewyke, we believe that Physical Education (PE), experienced in a safe and supportive environment, is essential to ensure children attain the best possible physical and emotional development and good health. Our intent is to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and in developing life skills.

We offer a varied and stimulating program of activity to ensure that all children progress physically through a unique and inclusive PE curriculum. All children are encouraged to enjoy being physically active, maintain a healthy lifestyle and, using the medium of sport, increase their self-esteem. We aspire for children to adopt a positive mind-set and believe that anything can be achieved with determination and resilience. Children are taught to observe and demonstrate the conventions of fair play, honest competition and good sporting behaviour as individual participants, team members and spectators, embedding life-long values such as co-operation, collaboration, and equity of play.

#### **Implementation**

At Temple Herdewyke we implement a well-rounded and stimulating curriculum, integrating popular games along with unfamiliar sports. We recognise that all children have diverse abilities and ensure that lessons are differentiated to promote an inclusive approach, which endeavours to encourage not only physical development but also well-being.

- We provide challenging and enjoyable learning through a range of sporting activities including; invasion games, net & wall games, strike and field games, gymnastics, dance, swimming and outdoor & adventure.
- Our long term plan and skills progression map ensures that a wide variety of units are taught across a two-year cycle, ensuring that the requirements of the National Curriculum are fully met.
- In Key Stage One and Key Stage Two, at least one P.E. lesson a week is taught by qualified P.E. coaches bringing enthusiasm and specialism to the teaching.
- All children in KS2 experience at least 15mins of structured physical activity each day to ensure all children are active
- Children in Key Stage 1 & 2 swim for one whole term each year which ensures that they swim regularly over a sustained period of time to develop and build on skills from lesson to lesson. Swimming is taught by qualified and experienced teachers.

- In our twice-monthly Celebration Assemblies, we encourage children to share their sporting achievements that have been obtained outside of school. This raises the expectation and ambition of every child and those of the parents who join us at the assembly.
- Children take part in inter-house competitive sporting events within school, as well as taking part in MAT-wide sporting competitions, most recently the Virtual School Games which took place during lockdown. These events also develop teamwork and leadership skills and are very much enjoyed by the children.
- We are soon to launch the “Daily K”, to help meet the government target of all children being active for at least 60 minutes a day. After establishing this for one term, we will extend this to the more familiar “Daily Mile” as children build up their endurance. Staff are also encouraged to join in with this activity to promote a good example as well as well-being throughout the school
- We provide inclusive and enjoyable clubs which increase children’s physical activity. Clubs are offered to both KS1 and KS2 children, and include sports such as Football, Netball, Dance and Tennis
- Active travel is encouraged, and we have a high percentage of children who walk, bike or scoot to school
- Children are encouraged to stay active at break times and can access a variety of equipment to use.

### **Impact**

At Temple Herdewyke Primary School and Nursery, our PE curriculum provides children with at least 2 hours of stimulating, high-quality activity per week, which has an advantageous impact on their fitness and wellbeing. This is achieved not only through the sporting skills taught, but through the underpinning values and disciplines that PE promotes. Through links with Science and PSHE we promote the overall well-being and health of each child through teaching about self-discipline and that to be successful you need to take ownership and responsibility of their own health and fitness. In all classes, children possess a wide range of physical abilities. Whilst recognising this fact, we provide suitable learning opportunities for all children by matching the challenge of the task to the ability of the child.

Children at Temple Herdewyke make good progress in PE and are eager to attend after school clubs and competitive sports events. We aim for all Year 6 pupils to leave school with the skills to competently swim at least 25m and can self-rescue in the water, which are key life skills.